

Ongoing class dates (subject to change)

Wed. Session Dates:

Oct. 3-24
Nov.7-Nov. 28
Dec. 5-Jan. 2 (no class Dec. 26) 2019
Jan. 9-30
Feb. 6-27

Fri . Session Dates:

Oct. 5-26
Nov. 2-30 (no class Nov. 23)
Dec. 7-Jan. 4 2019 (no class Dec. 28)
(Holiday Party Dec. 21 please make up on alt. day)
Jan. 11-Feb. 1
Feb. 8-March 1

Sun. Session Dates:

Oct. 7-28 (Oct. 28 th Halloween work out)
Nov.4-Dec. 2 (no class Nov. 25)
Dec. 9-Jan.6 2019 (no class Dec. 30)
Jan. 13 to Feb. 3 (No class Feb 3 Make up alt Day)
Feb. 10-March 3

Price Change Starting in January Session:

Lil Dragons

1 Class per wk (4 classes. /session) \$40
2 classes per wk (8 Classes /session) \$55

Karate Tigers Lv. 1 and 2

1 Class per wk (4 class/session) \$40
2 classes per week (8 class/session) \$55

Karate Advanced Tigers

1 class per wk (4 class/session) \$45
2 Classes per wk (8 classes/session) \$60

Karate Dragons

1 class per wk (4 classes/session) \$45
2 Classes per wk (8 class/session) \$60

Weapons \$25 1 class per wk (4 classes/session)



Location changing in March

We will update you on locations and times for classes.

Our West Hanover Classes are still Tues. and Thurs and in Feb We will have Sunday Classes as well.

**For updates check out our FB Page
email us at damamartialarts@aol.com
Or phone us at 717-612-2595
Thank you!!**

**DeAngelis Martial Arts
2018 -2019 Schedule**



Lil Dragons Karate 3-4yrs.

Karate Tigers 5-7 yrs. Lv 1 &2

Advanced Tigers 5-7 yrs.

Karate Dragons 8-Adult

Martial Arts Weapons Class

Family Time Karate

**2018 Battle in Hershey Open
Martial Arts Tournament
Nov. 10, 2018**



<http://www.damamartialarts.com>
For more info: 717-612-2595 DeAngelis MA

LIL DRAGONS (ongoing class)

Beginners Welcome!

LIL DRAGONS Ages 3 – 5 Children will learn martial arts in this ongoing class; parents must stay but do not need to participate. This class is for children who are ready to go at it alone in a class setting. Parents will be close by for support if needed. Children will learn many martial arts skills in this fun filled setting.

Sensei Jan DeAngelis is an Agent for the Security Alliance Kid's Safe Network.

Wednesdays 5:30 – 6:15 pm

Friday 5:30-6:15 pm

Sun 3:30-4:15 pm

Deadline to Sign-up is the first class of t
Once a week (4 class session)

Mem \$30 Res \$35 Non-Res \$40

Hershey Recreation Center Gym



KARATE TIGERS LV 1 (ongoing Class)

Beginners Welcome!!

KARATE TIGERS Ages 5 – 7 These classes consist of child safety instruction, self-defense, and traditional martial arts, along with fun non-traditional training methods. Jan and Bob believe that children learn best while having fun. Deadline to sign up is the first class of the session. No exceptions.

Wednesdays 5:30 – 6:15 pm

Friday 5:30-6:15 pm

Sundays 3:30-4:15

1 Class Per Week (4 classes/session)

Mem \$30 Res \$35 Non-Res \$40

2 Classes Per Week (8 classes/session)

*3 Classes Per Week

Mem \$45 Res \$50 Non-Res \$55

Hershey Recreation Center Gym

Please do not purchase a uniform before the first class.



KARATE TIGERS Ages 5 – 7

(Level 2) Ongoing Class

This class is for students who have achieved their belts from yellow belt white stripe on up & are not ready for Advanced Tigers. You must contact the head instructor to enroll in this class.

Sundays Only 4:15 – 5:00 pm

1 Class Per Week (4 classes/session)

Mem \$30 Res \$35 Non-Res \$40



KARATE ADVANCED TIGERS

(Ongoing Class) Beginners Welcome!!

Ages 5–7

The next step after Lv 2 Karate Tigers class. This class will be a half hour less than the Dragons class, but will be filled with advanced skills for your young martial artist. Instructors approval is required. This class will follow the Karate Dragons schedule and children may participate for the entire Dragons class if they wish.

Wednesdays 6:15–7:30 pm,

Fridays 6:15–7:30 pm

Sundays 5:00–6:15 pm

1 Class Per Week (4 classes/session)

Mem \$32 Res \$37 Non-Res \$42

2 Classes Per Week (8 classes/session)

*3 Classes Per Week

Mem \$45 Res \$50 Non-Res \$55



***3 Classes per week: Sign up for two classes a week & you may go to Weds, Fri and Sun classes for no extra fee. However if we have a cancellation and you only can go 2 days a week there is no refund or makeup for the missed 3rd class. Ends after Feb. Session 2019**

KARATE DRAGONS (Ongoing class)

Beginners and Families Welcome!!

Ages 8+ Adult

Families are welcome. Classes consist of traditional martial arts, Moo Duk Kwan Tang Soo Do, sparring, one-steps, kata, self defense, endurance & strength training. DAMA provides a full martial arts curriculum. DAMA was awarded **The School of the Year 2011 by the WKU Hall of Honors, 2013 Excellence in Teaching, 2014 Promotion of the Martial Arts, 2015 Golden Lifetime Achievement, 2015, Good Will Ambassador Award from the Action Martial Arts Magazine. Hall of Honors**

Wednesdays 6:15-8:00 pm

Fridays 6:15-8:00 pm

Sundays 5:00-6:45 pm

1 Class Per Week

(4 classes/session)

Mem \$35 Res \$38 Non-Res \$40

* Jr. Black Belt \$25

2 Classes Per Week

(8 classes/session)

*3 Classes Per Week

Mem \$50 Res \$54.50 Non-Res \$57.50

Hershey Recreation Center Gym



Weapons Training once a week follows

Dragon schedule \$15 current Dragon's

Students Weds: 8-8:45pm, Fri: 8-8:45,

Sun: 6:45-7:30

Contact us at 717-612-2595

damamartialarts@aol.com

Location: Hershey Rec. Center