New Class!

Family Karate Time Parents & Children Adult & Children Ages 3-9





Family Karate Time

Children (3-9 yrs.) with Adult

\$35 dollars per parent, \$35 per child

(1 adult per child if child is under 5 years old)

All participants must be enrolled all adults must be enrolled

Time: 5:30-6:15pm

Thurs. (1 class per week 4 classes per session)

Location:

Hershey Recreation Center 605 Cocoa Ave. Hershey Pa. 17033 Session 1: Oct. 5-Oct. 26 #5890

Session 2: Nov. 2-30 #5891

(No class on Nov. 23 due to Thanksgiving)

Parent and child can start a life long journey through the martial arts together! We will work on balance, concentration, coordination and martial arts skills. We will go over simple self defense skills for children and adults as well.

This is a workout for both child and adult.

Please wear workout clothing and bring a water bottle.

Sponsored by DeAngelis Martial Arts

damamartialarts@aol.com http://www.damamartialarts.com 717-612-2595



2017 Battle in Hershey Sat. Nov. 11th, 2017 Open Karate Tournament

If Possible Please Pre-register
Tournament will start at 9:00 AM,
Registration at 8:00 AM
Tournament Location:

Hershey Campus Lancaster Mennonite School,

1525 Sand Hill Rd Hummelstown, PA 17036

Battle in Hershey \$50, for three events (\$5 per each additional event) Cash at the door ONLY No refunds

Spectator Fee: \$5 (under 5 free)

Cash only day of tournament

For information please contact Master Jan DeAngelis damamartialarts@aol.com Call: 717-612-2595

DeAngelis Martial Arts Fall 2017 Special Classes Demos & Events





Congratulations and Thanks to our students who participated in the Hydrocephalus demo! You all did GREAT!

Phone: 717-612-2595

Email: dama martial arts @aol.com

http://www.damamartialarts.com

Ongoing Class Schedule Fall 2017

Weds:

Aug. 30-Sept. 20

Sept. 27-Oct. 18

Oct. 25-Nov. 15 (No class Nov. 22 no make up)

Nov. 29-Dec. 20 (No class Dec. 27 no make up)

Fri:

Sept. 1-22

Sept. 29-Oct. 20

Oct. 27-Nov. 17 (no class Nov. 24 no make up)

Dec. 1-22 (party is on the 22 make up on alt day)

No class Dec. 29 No make up

Sun:

Sep. 3-24

Oct. 1-22

Oct. 29-Nov. 19

Nov. 26-Dec. 17 (no class Dec. 24 & 31 No Makeup) Yes we have class on Nov. 26th!

Classes that follow this schedule are:

Lil Dragons, Karate Tigers, Karate Tigers LV2,

Advanced Tigers, Karate Dragons, Weapons and Kickboxing.

Special Events:

Oct. 17th Hershey Halloween Parade and all students and family are invited to march with us.

<u>Nov. 10th Set up</u> for Battle in Hershey Time TBA

Nov. 11th Battle In Hershey

Location Hershey Campus Lancaster Mennonite School Sand Hill Rd.

Pre-Reg for our students ends Sept. 15 hurry and get the discount! Contact Sensei Bob or Jan for details.

<u>Holiday Party</u> at Hershey Recreation Center Dec. 22 6:30-8pm Location 605 Cocoa Ave. Hershey PA. 17033

Action Martial Arts Hall of Honors

Jan 26,27.28 Atlantic City

DON"T FORGET!

Special Classes (please pre-sign up) Sept. 9, (no class on Sept. 16) Sept. 23,30 Oct. 7-21

Tournament Training: Ages 5+ Sat. 8-8:45 am Sept. 9-(no class Sept. 16) -Oct.21

Swords: Ages 8 & up 9-10:15AM, Ages 5-7 10:30-11AM Sept. 9-(no class Sept. 16) - Oct.21

Upper Belt Class: Sat. 11:15--11:45 AM Sept. 9-(no class Sept. 16) -Oct.21

DeAngelis Martial Arts News!



Thanks to all the students who participated in the West Hanover Twp. Demo!







Congratulations to Our students who Participated in The Breath of Nature Tournament 2017