

# KARATE

## South Hanover Township Parks and Recreation

Classes will be held at South Hanover Township Building, 161 Patriot Way Hershey, PA 17033

Ongoing Martial Arts Classes

Ages 3-Adult . DeAngelis Martial Arts, Moo Duk Kwan Tang Soo Do



### LIL DRAGONS (ongoing class)

#### Beginners Welcome!

LIL DRAGONS Ages 3 – 5

Children will learn martial arts in this ongoing class; parents must stay in the classroom. If our younger students need a little assistance from Mom or Dad they may join in and support their Lil Dragon. Our goal is to get them ready to go it alone. Parents will be close by for support if needed. Children will learn many martial arts skills in this fun filled setting.

**Mon.** 6:00-6:45 pm

**1 Class** Per Week (4 classes/session) 4 week session **Price: \$40**

### KARATE TIGERS (ongoing Class)

#### Beginners Welcome!!

KARATE TIGERS Ages 5 – 7

These classes consist of child safety instruction, self-defense, and traditional martial arts, along with fun non-traditional training methods. Sensei Ximena Grant will be instructing this class.

**Mon.** 6:00-6:45 pm

**1 Class** Per Week (4 classes/session) 4 week session **Price: \$40**

### KARATE DRAGONS (Ongoing class)

#### **Beginners and Families Welcome!!**

Ages 8+ Adult

Families are welcome. Classes consist of traditional martial arts, Moo Duk Kwan Tang Soo Do, sparring, one-steps, kata, self defense, endurance & strength training. DAMA provides a full martial arts curriculum. DAMA was awarded **The School of the Year 2011 by the WKU Hall of Honors, 2013 Excellence in Teaching, 2014 Promotion of the Martial Arts, 2015 Golden Lifetime Achievement, 2015, Good Will Ambassador Award from the Action Martial Arts Magazine. Hall of Honors**

**Mon.** 6:45 pm 8:15 pm

**1 Class** Per Week (4 classes/session) **Price: \$45**

### Ongoing class dates (subject to change)

**Jan. 6 to 27**

**Feb. 10 to Mar. 2-no class Feb.3 no makeup**

**Mar. 9 to 30**

**Apr. 6 to May 4— no class Apr. 27 no make up**

**May 11 to Jun.8—no class May 25 no make up**

Lil Dragons and Karate Tigers require a total of 4 participants. Minimum of 4 participants needed for the Karate Dragon Class. Instructors will notify students of emergency and weather cancellations at <https://www.damamartialarts.com> Registration Forms can be found at [southhanover.org](http://southhanover.org) under Parks and Recreation/Fitness

**For more info Call 717-612-2595 DeAngelis Martial Arts Email us: [damamartialarts@aol.com](mailto:damamartialarts@aol.com)**

**Registration deadline is first day of class.**